

Stoke Park Infant School

Intent, implementation and impact statement for PSHE including RSE

At Stoke Park Infant School, Personal, Social and Health Education (PSHE), including Relationships Education is embedded into our school ethos and values and is taught as part of a broad and balanced curriculum. It is delivered as part of our weekly curriculum and covers a variety of topics linked to health, relationships, personal and social skills as well as addressing specific issues for a class. It also covers e-safety to ensure that children know how to safeguard themselves when using computing and devices. It links with our school values - our Ranger skills and Ranger rules. We strongly promote children's spiritual, moral, social and cultural (SMSC) development as part of our school curriculum, ethos and values. Opportunities for learning about and exploring British Values are interlinked with our wider curriculum planning. The intention of the PSHE curriculum is to enable pupils to understand feelings, issues and situations they may encounter as part of growing up and to empower them to know how to deal with these in a responsible way. This curriculum is accessible to all and will prepare pupils for life in the future.

Intent – what you intend to teach and why

At Stoke Park Infant School, we place a high importance on personal development and nurturing all children. Our intent is to teach children to recognise, understand and know how to deal with feelings, issues and situations they may face as part of growing up and to prepare them to be responsible, caring and healthy members of society in their adult life.

We follow the programme of study as set out by the PSHE Association in KS1 and the Early Years Foundation Stage curriculum in Year R. We place a strong emphasis on fostering characteristics for effective learning throughout the school. In Year R we capitalise upon opportunities for: playing and exploring, active learning and creating and thinking critically. These characteristics link strongly to our whole school ethos and values, with our Ranger skills promoted throughout all year groups: Resilient Ant, Adaptable Spider, Naturally Curious Bear, Giggly Mouse, Enthusiastic Otter and Resourceful Beaver. By nurturing these characteristics of effective learning at Stoke Park Infant School, we aim to enable children to form attitudes to learning that will last a lifetime.

Relationships Education (Sex education – in a later key stage) forms part of our PSHE curriculum. As part of the primary RSE curriculum the children will be taught about the following: Families and people who care for me, caring friendships, respectful relationships, online relationships, being safe, mental wellbeing, internet safety and harms, physical health and fitness, healthy eating, drugs, alcohol and tobacco, health and prevention and basic first aid.

The children will be taught about the RSE areas above and about other aspects of PSHE following a programme of study outlined by the PSHE Association and covering DfE statutory requirements for RSE and HE.

Implementation - how

We use the PSHE Association programme of study, also adopted by the Junior school and local secondary school/cluster schools, therefore supporting progression. We implement this programme through regular taught class lessons, circle times, assemblies and incidental teaching specific to the needs of individuals, classes or groups. We also have a range of visitors, visits, extra-curricular clubs and other opportunities including involving the local community, to support children's spiritual, moral, social and cultural development at Stoke Park Infant School and to teach them about the wider world.

In Year 1, they will be taught through the following units of learning:

- What is the same and different about us? Ourselves and others, similarities and differences, individuality, our bodies
- Who is special to us? Ourselves and others, people who care for us, groups we belong to, families
- What helps us stay healthy? Being healthy, hygiene, medicines, people who help us with health
- What can we do with money? Money, making choices, needs and wants
- What is Growth Mindset? Being resilient, not giving up, saying 'I can'
- Who keeps us safe? Keeping safe, people who help us

- How can we look after each other and the world? Ourselves and others, the world around us, caring for others, growing and changing

In Year 2, they will be taught through the following units of learning:

- What makes a good friend? Friendship, feeling lonely, managing arguments
- What is bullying? Behaviour, bullying, words and actions, respect for others
- What jobs do people do? People and jobs, money, role of the internet
- What helps us to stay safe? Keeping safe, recognising risk, rules
- What helps us to grow and stay healthy? Being healthy, eating, drinking, playing and sleeping
- How do we recognise our feelings? Feelings, mood, times of change, loss and bereavement, growing up

In EYFS, PSHE will be delivered as part of the EYFS curriculum, following 'Development Matters'. Opportunities will be planned for in order to meet development requirements for Personal, Social and Emotional Development. Children will learn about making relationships, self-confidence and self-awareness and managing feelings and behaviour. Teaching and learning experiences in EYFS will capitalise upon opportunities for each child to develop and build upon characteristics of effective learning.

The PSHE curriculum will be delivered through regular taught lessons, circle times, class discussions, role-play scenarios, responding in a variety of ways such as through art, dance, drama, writing, as well as through incidental teaching specific to the needs of individuals, classes or year group cohorts.

Impact – how will you know?

At Stoke Park Infant School, our children will demonstrate and apply the British Values of: democracy, mutual respect and tolerance, the rule of law and individual liberty. Our children will demonstrate a healthy outlook towards school and life in the wider world. Their behaviour will be good and the vast majority of children will achieve age-related expectations across the wider curriculum. They will become healthy and responsible members of society. The children at Stoke Park Infant School will be on their journey preparing them for life and work. Their experience of a PSHE curriculum with first-hand experiences, P4C opportunities and nurturing, supportive relationships across the school will empower them to become confident, independent and happy members of society, keen to contribute to the community and to play their part. Pupils will receive a PSHE curriculum that reflects the needs of individuals and groups in the school. Our PSHE programme will equip pupils to recognise risks and give them the knowledge and skills necessary to make safe and informed decisions. At Stoke Park Infant School, PSHE and Relationships Education is embedded throughout the curriculum and thoroughly encompassed within our school's ethos and values, as well as being evident in our regular discrete PSHE lessons. Children are keen to demonstrate their 'Ranger Skills' as they begin to value, develop and build upon positive learning behaviours that will enable them 'to be the best they can be' and support them on their journey towards adulthood, in a forever changing community. Children's spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured in our whole school, class and family assemblies and is also evident through our exciting programme of visitors, off-site visits, school events and wide range of extra-curricular clubs offered. Teacher assessment of units of learning will show a progression in children's knowledge, understanding and thinking skills. Monitoring by the PSHE subject lead will ensure consistency and quality of standards in the teaching and learning. Head teacher tea parties and other pupil voice activities will reflect children's views and opinions and allow these to inform future learning and developments across the school.