

# WEEK 1

## YOUR SCHOOL MENU

APRIL – OCTOBER 2025



Hampshire  
County Council

Education Catering

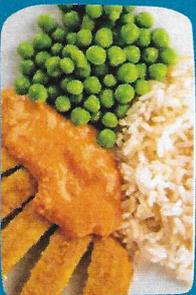
Fresh vegetables will change seasonally and may not be shown in the photo.

### MONDAY

CHOOSE FROM  
Veggie bolognaisse pasta **(V)**



Chicken Katsu curry and rice



ON THE SIDE  
Vegetables or salad

TO FINISH  
Shortbread

### TUESDAY

CHOOSE FROM  
Vegetarian sausage roll with  
crinkle cut wedges **(V)**



Ham carbonara with pasta



ON THE SIDE  
Vegetables or salad

TO FINISH  
Fruit, mousse or jelly

### WEDNESDAY

CHOOSE FROM  
Cheese and tomato pizza **(V)**



Sweet sticky chicken with rice



ON THE SIDE  
Vegetables or salad

TO FINISH  
Rice crispy cake

### THURSDAY

CHOOSE FROM  
Plant-based sausage and  
Yorkshire pudding **(V)**



Sliced beef and Yorkshire  
pudding

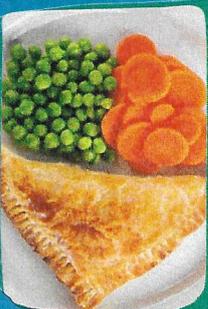


ON THE SIDE  
Roast potatoes, gravy and  
vegetables

TO FINISH  
Fruit, mousse or jelly

### FRIDAY

CHOOSE FROM  
Somerset cheddar cheese, onion  
and potato pasty **(V)**



Fish fingers



ON THE SIDE  
Chips, vegetables or salad

TO FINISH  
Sticky ginger sponge

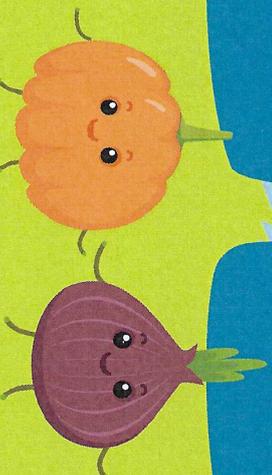
**(V)** Vegan **(V)** Vegetarian

FRESH  
FRUIT  
SERVED  
EVERY DAY

# FOOD TO FLOURISH®

#### WEEK STARTING:

5 May, 2 June, 23 June, 14 July, 8 September,  
29 September, 20 October



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# WEEK 2

## YOUR SCHOOL MENU

APRIL – OCTOBER 2025



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### MONDAY

**CHOOSE FROM**  
Plant-based sausage hotdog  
and diced potatoes



**Chicken nuggets with  
diced potatoes**



**ON THE SIDE**  
Vegetables or salad

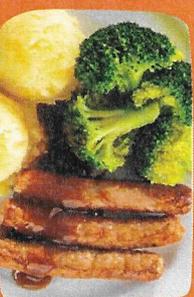
**TO FINISH**  
Goosey chocolate pudding

### TUESDAY

**CHOOSE FROM**  
Tomato pasta



**Pork sausages with  
mash and gravy**



**ON THE SIDE**  
Vegetables or salad

**TO FINISH**  
Fruit, mousse or jelly

### WEDNESDAY

**CHOOSE FROM**  
Cheese and tomato pizza



**Bubble salmon and crinkle  
cut wedges**

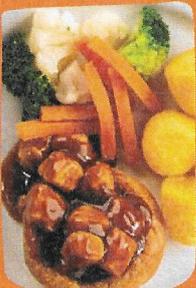


**ON THE SIDE**  
Vegetables or salad

**TO FINISH**  
Chewy honey cookie

### THURSDAY

**CHOOSE FROM**  
Quorn pieces in a Yorkshire  
pudding



**Sliced chicken and  
Yorkshire pudding**



**ON THE SIDE**  
Roast potatoes, gravy and  
vegetables

**TO FINISH**  
Fruit, mousse or jelly

### FRIDAY

**CHOOSE FROM**  
Sweet potato and lentil  
curry and rice



**Fish fingers and chips**



**ON THE SIDE**  
Vegetables or salad

**TO FINISH**  
Lemon drizzle sponge

Vegan Vegetarian

**FRESH  
FRUIT  
SERVED  
EVERY DAY**

# FOOD TO FLOURISH®

#### WEEK STARTING:

21 April, 12 May, 9 June, 30 June,  
21 July, 15 September, 6 October



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All menu items are subject to change, based upon availability and in the event of unforeseen circumstances.

# WEEK 3

## YOUR SCHOOL MENU

APRIL – OCTOBER 2025

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### MONDAY

CHOOSE FROM  
Macaroni cheese



Beef chilli with rice and  
tortilla chips



ON THE SIDE  
Vegetables or salad  
TO FINISH  
Chocolate brownie

### TUESDAY

CHOOSE FROM  
Tomato pasta



Chicken nuggets and  
diced potatoes

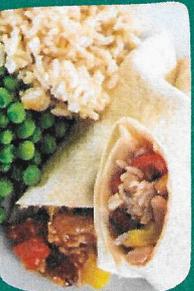


ON THE SIDE  
Vegetables or salad  
TO FINISH  
Fruit, mousse or jelly

FRESH  
FRUIT  
SERVED  
EVERY DAY

### WEDNESDAY

CHOOSE FROM  
Vegetable and bean burrito



Handmade Margherita pizza



ON THE SIDE  
Vegetables or salad  
TO FINISH  
Jammy shortbread biscuit

### THURSDAY

CHOOSE FROM  
Quorn and leek pastry crown



Roast chicken and Yorkshire  
pudding



ON THE SIDE  
Roast potatoes, gravy and  
vegetables  
TO FINISH  
Fruit, mousse or jelly

### FRIDAY

Somerset cheddar cheese and  
tomato quesadilla with diced  
potatoes



Fish fingers



ON THE SIDE  
Chips, vegetables or salad  
TO FINISH  
Toffee apple sponge

Vegan Vegetarian

# FOOD TO FLOURISH®

WEEK STARTING:

28 April, 19 May, 16 June, 7 July,  
1 September, 22 September, 13 October



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