

STOKE PARK INFANT SCHOOL
SEX AND RELATIONSHIPS EDUCATION POLICY

Name of School	STOKE PARK INFANT SCHOOL
Date of Policy Issue/Review	Issued – September 2022 Review – September 2023
Name of Headteacher	Emma Charles



SPECIAL EDUCATIONAL NEEDS AND EQUAL OPPORTUNITIES

Stoke Park Infant School is committed to offering equal opportunities for all, regardless of race, religion, gender, ability or disability.

This policy should be read in conjunction with the Personal Development Learning Policy (PDL).

2. RATIONALE

We aim to work in partnership with parents to set a school policy for Sex and Relationships Education (SRE) that takes into account the social and religious backgrounds of our children as well as their age.

3. What is SRE?

Sex and Relationships Education aims to give children:

- ❖ positive self esteem
- ❖ skills to successful relationships
- ❖ emotional literacy
- ❖ the ability to make informed choices and minimise risk to themselves and others
- ❖ the ability to keep themselves and other people safe
- ❖ the opportunity to explore their own attitudes, values and beliefs to develop an individual moral code that will guide their actions
- ❖ the confidence to begin to question messages they receive from the media
- ❖ the ability to access help and support
- ❖ a positive attitude towards their body

4. GUIDELINES

We will:

- help children understand the consequences of their actions and how to behave responsibly in relationships

- help children recognise unsafe situations and be able to protect themselves and ask for help and support
- promote self esteem to enable children to make appropriate choices and to understand and respect differences between individuals
- help children differentiate between right and wrong, appropriate and inappropriate actions
- help children begin to recognise the range of human emotions, and to develop confidence in talking, listening and thinking about feelings and relationships
- help children know that there are different types of family and the importance of the family for the care and support of children
- answer children's questions as honestly as we can whenever they arise, giving as much information as is appropriate
 - enable children to name body parts using appropriate terminology and describe how their bodies work
 - help children to be aware of the differences between the sexes and how people change as they grow older
 - help children find out about themselves Sex and Relationships Education Policy

Effective SRE is embedded in the school curriculum, particularly in Science, PSHE and our learning values.

5. SCIENCE CURRICULUM

Pupils should be taught:

- to identify, name, draw and label the basic parts of the human body and say which part of the body is associated with each sense
- to notice that animals, including humans, have offspring which grow into adults
- to find out about and describe the basic needs of animals, including humans, for survival
- to describe the importance for humans of exercise, eating the right amounts of different types of food, and hygiene

6. PSHE AND CITIZENSHIP

Pupils should be taught:

- to recognise choices they can make, and recognise the differences between right and wrong
- to realise that people and other living things have needs, and that they have responsibilities to meet them
- that they belong to various groups and communities, such as family and school
- how to make simple choices that improve their health and well being
- to maintain personal hygiene
- about the process of growing from young to old and how people's needs change
- the names of the main parts of the body
- rules for, and ways of, keeping safe, including basic road safety, and about people who can help them to stay safe
- to identify and respect the differences and similarities between people
 - that family and friends should care for each other

The Leader of PSHE and SMSC will be responsible for ensuring the application and monitoring of the policy.

Teachers having any concern about the children in their care should report this to the Designated Safeguarding Officer (DSL), which at Stoke Park Infant School is the Headteacher.

Parents have the right to withdraw their child from SRE but not where this is taught as part of the Science National Curriculum. Parents are encouraged to discuss any concerns with the class teacher.

Children whose parents exercise the right to withdraw them from SRE will be temporarily transferred to another class.

This policy has been agreed by the staff, governors and parents of the school.

Appendix1 - Sex and Relationships Education

Rationale

The objective of sex and relationship education is to help and support young people through their physical, emotional and moral development.

Sex education in our school is not seen or taught as an isolated subject. There are, however, several ways in which the children are encouraged to develop attitudes which will enhance their lives and relationships, as young children in preparation for adolescence and subsequently adulthood.

All staff endeavour to create an atmosphere where children feel comfortable and able to talk and question openly.

This policy was drawn up with regard to national guidance outlined in the document *Sex and relationship education guidance (DfES, 2000, 0116/2000)*

Purposes

There are three main elements to sex education:

1. Attitudes and values -

- learning the importance of values and individual conscience and moral considerations;
- learning the value of family life, marriage, and stable and loving relationships for the nurture of children;
- learning the value of respect, love and care;
- exploring, considering and understanding moral dilemmas; and
- developing critical thinking as part of decision-making.

2. Personal and social skills

- learning to manage emotions and relationships confidently and sensitively;
- developing self-respect and empathy for others;
- learning to make choices based on an understanding of difference and with an absence of prejudice;
- developing an appreciation of the consequences of choices made;

- managing conflict; and
- learning how to recognise and avoid exploitation and abuse.

3. Knowledge and understanding

- learning and understanding physical development at appropriate stages;
- understanding human reproduction.

Guidelines

Curriculum

The human life cycle and the life cycle of plants and animals will be taught through the National Curriculum Programmes of Study for Science Key Stage 1.

Children in Year R will follow the Early Years Foundation Stage Curriculum.

The PSHE planned curriculum will also contribute to, and be supported by Circle Time.

Questions will be answered frankly and honestly if they naturally arise during discussion or conversation. In Year 2, the 'Keeping Safe' programme will introduce children to the concept of keeping their bodies safe.

SEN

Children with learning difficulties or physical needs will be given appropriate assistance and guidance to enable them to develop self-help skills.

Equal Opportunity

All children regardless of gender, race, culture or ability will have equal access to the Science and PSHE curriculum and will be encouraged to understand and value self-worth.

Confidentiality

As a general rule, all teachers and staff will maintain a child's confidentiality. However, if a child is believed to be at risk, the teacher may want to talk to the Designated Safeguarding Lead (DSL) and, if necessary, follow the child protection procedure. Please refer to the school Confidentiality Policy and the Child Protection Policy.

Role of Curriculum Manager

The Curriculum Managers for Science and PSHE will manage resources and monitor and evaluate the implementation of the curriculum throughout the school.

Parental Involvement

Parents will be made aware of the Sex Education Policy in the school prospectus and on the website.

Year 2 parents will be informed that the correct names for all body parts will be used during their science and topic curriculum work

