Year 1 Safeguarding Curriculum

Anti-Bullying/Friendship

- What makes a good friend
- Understanding how to say 'no' and 'stop'
- Knowing who to talk to and how to ask for help
- Watching out for others
- Following the Ranger Rules – especially 'We are Kind'
- Opportunities to follow up with circle time, friendship week and playtimes

Keeping Safe

- Learning my role in keeping safe
- The differences between secrets and surprises
- Staying safe in the world outside home and school
- Identifying safe adults and strangers
- Bonfire night and the firework code
- Fire Safety and Scatter/lockdown
- Forest
- NSPCC Pantasuarus

E-Safety

- Learning SMART rules
- E-Safety Song
- Understanding safe search engines
- What to do if I am worried about what I see online
- Logging on and keeping my information safe

Awareness of other cultures

- Showing respect for others
- Finding out about different beliefs in the world in learning and in collective worship
- Learning and celebrating festivals of different faiths

British Values

- Through the school culture – assemblies, tolerance of different beliefs, democracy – voting for representatives,
- Celebrating key events – e.g. Coronation,
- P4C curriculum – respect, tolerance, liberty
- Ranger Rules and RANGERS skills
- Learning about Rights and Responsibilities

Relationships

- Using zones of regulation to identify feelings and develop vocabulary linked to feelings
- Awareness of how others feel and how own actions can affect others
- Special people who look after me
- SRE/PHSE curriculum

Road Safety

- Learning basic road safety rules
- Taking opportunities to praise good practice
- Walk to school week
- Be Bright, Be Seen week

Health, Wellbeing, Mental Health

- Understand what I need to be healthy and fit
- Maintaining good personal hygiene (e.g. hand washing)
- Naming body parts and the differences between boys and girls
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